

Advance Praise for Diabetes: Sugar-Coated Crisis by David Spero, RN

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"A hard-hitting and beautifully written look at the social causes and cures of chronic illness. Sugar-Coated Crisis illuminates the true reality of diabetes and provides cutting-edge ideas on its prevention and treatment."

Thomas Bodenheimer M.D., Professor of Family and Community Medicine,
University of California, San Francisco

"Eloquent and thought-provoking."

Richard Rubin Ph.D., American Diabetes Association, President for Healthcare and Education

"David Spero clearly shows us why patient self-management is crucial, what social and medical forces get in its way, and how groundbreaking healthcare providers are helping people care for themselves."

Kate Lorig, RN, DPH, Director, Stanford University, Patient Education Resource Center

"A compelling and inspiring resource for people, communities, and health systems struggling with diabetes and other chronic conditions."

Dr. America Bracho, CEO of Latino Health Access

"With deep understanding, intelligence and passion, David Spero shines a bright light on the social and environmental determinants that underlie diabetes and other chronic illnesses. David, a highly effective clinician, peer counselor and coach, also inspires, empowers and encourages readers to take actions to promote personal well-being as well as actions that will improve the lives of others."

Michael G. Goldstein, MD, Associate Director

Clinical Education and Research, Institute for Healthcare Communication

"David Spero takes readers through a powerful and moving tour of how poverty and public policy have contributed to the deadly epidemic of diabetes, and how community efforts can help stop it".

Doriane Miller MD, National Program Director,

Quality Allies: Improving Care by Engaging Patients (Institute for Healthcare Improvement)

"A great read. Emphasizes that we need to heal the environment, not just rely on the health care system to deal with chronic illness. Sugar-Coated Crisis describes changes needed to prevent diabetes, and maintain the well being of diabetics."

Lawrence Cohen, MSW, Executive Director, The Prevention Institute

"We read almost daily about the diabetes epidemic, and we know about the ever-increasing rates of obesity. But Spero digs far deeper to see what is behind this epidemic - how our social environment and economic distribution are prominent causes. We need to address these issues at all levels, if we are to improve lives and health. Spero's book clearly and powerfully speaks to how we can do this!"

Laurie Francis MSW, CEO Community Health Partners, Bozeman, Montana